

Non-Discrimination Statement

Anchor Health Effective Date: May 19, 2026

Anchor Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including sexual orientation and gender identity). Anchor Health does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Anchor Health provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Anchor Health provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact our **Civil Rights Coordinator, Paule Valery Joseph**.

If you believe that Anchor Health has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Paule Valery Joseph Anchor Health 1451 Rockville Pike Ste 250-247 Rockville, MD 20814 Phone: 301-301-9748 Email: info@myanchorhealthpc.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Paule Valery Joseph is available to help you.

You can also file a civil rights complaint with the **U.S. Department of Health and Human Services, Office for Civil Rights**, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW
Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.